

**Running Club Agreement
Sign-Up Sheet**

Name: _____ Grade: _____

Running Club is open to all grades Pre-K3 -8th Grade

Running Club will be held on Wednesdays from 3:10-3:45 on the field.

Students must bring the proper athletic shoes and a water bottle each week.

Running Club will not be held if any of the following conditions hold true:

- Wind chill is below 32 degrees
- Heat index is above 95 degrees
- Field is muddy or not fit for running
- Precipitation

An email will be sent home to parents/guardians in the event of a Running Club cancellation. If you have questions about whether we will have Running Club on any given Wed, you may contact HFCS at 817.731.2402.

If we need to contact you during the day regarding Running Club, please circle the best way to contact you or the person responsible for picking your child up from school:

Home Phone – Work Phone - Cell Phone – Email

My child will be picked up by:

Parent/Grandparent _____

Babysitter _____

Carpool _____

Other: _____

Or check off below:

_____ My child will go to Extended Care after school on Wednesdays.

Running Club dismisses at 3:45. Parents/guardians are required to come inside the fence to pick up their child after RC. Students not picked up by 3:55 will be sent to Extended Care, and parents will be charged for the use of Extended Care.

List any health issues/allergies we need to be aware of as well as any medications needed and when the student needs to take them:

Running Club Pledge: I agree to be a full participant in Running Club. I will maintain an attitude of faith and hope. I will listen to the Running Club coaches, participate in group activities to the best of my potential, and treat parent volunteers with respect at all times. I will uphold God's second greatest commandment by encouraging and supporting my fellow students as we train together. In honor of the good health God blessed me with, I will work to improve my physical condition by running/walking for the entire Running Club period. I will advise the coach concerning any injuries or medical conditions. I will come to running club on time and be equipped with proper shoes, clothing, and a water bottle. I understand that if I am distracting my fellow participants, or if I am not following directions from coaches or volunteers, my membership in running club may be revoked.

Student Signature: _____ Date: _____

I give my consent for my child to participate in Running Club. I will ensure my child is properly equipped each session with the appropriate shoes, water bottle and clothing.

Parent Signature: _____ Date: _____ *Please fill out a separate form for each participating student.