

# Weekly Band Practice Sheet

NAME \_\_\_\_\_ INSTRUMENT \_\_\_\_\_ PERIOD \_\_\_\_\_

**Today's Date** \_\_\_\_\_ **Due Date** \_\_\_\_\_

Each weekly practice sheet is worth **5 points**. Students, you must fill out your name, date started and date due, and the "Goals for the Week" section as instructed by your director. Use this as your "checklist" for practice. On each day you practice, check off the items you practiced in your checklist, write down the date and total minutes for the day. Your goal is to have **FOUR** practice sessions each week. At the end of each week, have a parent sign to confirm your practice sessions. Turn in each week on Due Date.

**Grading Scale**

Completed written sections = 1 point  
 FOUR practice sessions = 4 points (1 each)  
**TOTAL = 5 points**

**Goals for the Week:**  
 Use this as your "checklist" for practice.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<b>Date</b>							
<b>Minutes Practiced</b>							

**TOTAL (In Minutes):** \_\_\_\_\_

The times recorded above are known to be honest and truthfully submitted.

**PARENT SIGNATURE** \_\_\_\_\_